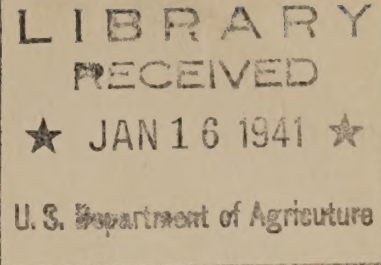


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U.S. Farm security administration.

THE PROJECT NURSE



Nurses on Projects must have initiative and vision so as to carry on a well-balanced program. Imagination and ideas are the fore-runners of initiative; this must be accompanied by enthusiasm and good judgment. The course of action must be pursued with caution with the thought in mind of good construction.

Project nurses are encouraged to express themselves in regard to the routines and procedures of their everyday work.

Quote: "Growing is the great end, the growing of all together. Growing is the essence of the good life. To grow is to live and the only way to live well."

Aims of health teachings:

1. Know the interest of different age groups.
 2. Motivate that interest.
 3. A person has to be made to have the desire to learn before we can hope to teach. This makes any health program effective.
 4. Application of any public health program in any community should be approached by the nurse with a lay group always as her assistants.
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1. Teaching is changing of attitudes. Repetition is the secret of teaching.
 2. Give practical teaching to those who are interested in bringing about an improvement in rural life.
 3. WHAT IS HEALTH? The realization of the highest physical, mental, social, spiritual possibility in an individual. Health is a way of living rather than a subject to be taught.
 4. The items which should be included in a well-balanced life are: work, play, leisure, rest, contemplation and, last but not least - physical fitness.
 5. Health is that life which renders the individual fit to live most and do best.
 6. What you do speaks so loudly that what you say cannot be heard.
 7. Health determines factors of endurance and interest. These two largely determine efficiency.

8. Efficiency determines happiness. Happiness determines disposition and attitudes.

If we would serve the Project as a community nurse, we must give service plus. The people want the best - that is service. The little extras added by each nurse - that go so far to satisfy - that is service plus. A well-developed personality goes far in rendering service plus, because it is done in a gracious manner. A pleasing and good personal appearance gives assurance at first glance.

A uniform can be so neat and impressive. It also can be very untidy and slipshod.

Keep smiling, have an open mind for suggestions from others (no one knows everything), be firm and exact in executing orders, use tact, and be friendly. Good business and social habits are essential together with intelligent conversation. We must be of strong character to ever keep alive the spirit of nursing.

Quotations

"They say best men are moulded out of faults, and, for the most, become much more the better for being a little bad."

"God made the country and man made the town."

"The supreme happiness of life is the conviction that we are loved."

"I agree with no man's opinion. I have some of my own."

"Doing easy what others find difficult is talent; doing what is impossible for talent is genius."

"That man is richest whose pleasures are the cheapest."

"Rather than love, than money, than fame, give me truth."

"It's but little good you'll do watering last year's crops."

JAN 24 1940
B. E. S.

